



## SUPREP

**PROCEDURE DATE:** \_\_\_\_\_ with Dr. \_\_\_\_\_

You will be contacted the day before your procedure with your time by the facility that is performing your procedure. If you have not been contacted by 4:00 p.m. on the day prior to your procedure, please contact the facility for your appointment time.

On \_\_\_\_\_ **CLEAR LIQUIDS ONLY, ALL DAY.** Please drink plenty of fluids on this day. (Black coffee, tea, cola, fruit juice, chicken or beef broth, Jell-O, popsicles, sports drinks, Crystal Light, and Pedialyte). **NO REDS. No milk or orange juice.**

At **6:00 p.m.** pour the medication in the cup provided and fill with water to the fill line. Drink all medication. Follow this by 2 cups of any clear liquid, **NO REDS.**

**The remainder of the prep will be taken on the morning of your procedure. The time you drink it will depend on the time of your procedure. You will not be notified of your appointment time until the day prior to your procedure.**

If your procedure is scheduled between **7:30 a.m. and 10:00 a.m.**, you will need to begin drinking the remainder of the container at **2:00 a.m.** and have this completed by **3:00 a.m.** on the morning of your procedure. **Nothing to eat or drink after 3:00 a.m.**

If your procedure is scheduled **after 10:00 a.m.**, you will need to begin drinking the remainder of the container at **4:00 a.m.** and have this completed by **5:00 a.m.** on the morning of your procedure. **Nothing to eat or drink after 5:00 a.m.**

Expect: Stomach cramps, bloating, diarrhea

Goal: Clear to yellow liquid return.

**Please DO NOT consume any other liquids or food on the morning of your procedure other than the prep.**

**YOUR PREP HAS BEEN SENT TO** \_\_\_\_\_

**DO NOT USE THE BOX OR INSERT INSTRUCTIONS.**

**PLEASE CALL LAUREL SURGERY AND ENDOSCOPY CENTER AT 601.369.2021 TO COMPLETE REGISTRATION.**



Medications that need to be stopped 3 to 5 days prior to procedure are as follows:

NSAIDS—Ibuprofen, Advil, Aleve, Naproxen, etc.

Iron

Fish or Flax Seed Oil

Multivitamins

You will be contacted with instructions regarding:

Blood Thinners—Coumadin, Aggrenox, Eliquis, Brilinta, Xarelto, Savaysa, etc.

Diabetic patients need to follow the following instructions:

If on oral diabetic medication—No diabetic pills on the morning of the procedure.

If on maintenance dose insulin—Half the dose the night before and no insulin the morning of the procedure.

If the patient is on sliding scale insulin this may be administered even the morning of the procedure.

You may take your morning medications on the day of the procedure with a small sip of water.

**You must have a driver the day of your procedure.**